

## Southern Kennebec Healthy Start

**Our next meeting will be April 9th@ 7:30 at the new SKCDC Office , Child Care Options conference room; Maine Avenue Farmingdale. ( 2<sup>nd</sup> Thursday of each month unless otherwise noted)**

1. **Financial Statement review - Pam**
2. **Community Forum Planning - Focus on mark's professional development presentation to link resiliency to the proposed shared outcome: CHILDREN ENTER SCHOOL LOVABLE, CAPABLE, HEALTHY AND SECURE**
3. **Invitation list and registration**
4. **Next Steps**

### Meeting Notes: March 12, 2009

**Present:** Pam Morin, Steve Meister, Mark Rains, Becky Dick, Brandon Turner , Burt and Gladys Richardson, Nancy DeSisto, Joanne Joy, Karen Tucker,

1. *Finance* – Pam handed out financial statement. Net balance is \$2240 to date
2. *Healthy Communities Update*
  - a. *Themes and Strengths Exercise* facilitated by Joanne and Karen to preview exercise for forum. Results will be compiled.
  - b. *Local system assessment* – Looking for attendees for one of 3 meetings. Joanne to send out explanatory announcement separately.
  - c. *Indicators* – Still working on this project.
3. Dr Meister announced he will join the staff of Maine CDCP as Medical Director of Child and Maternal Health and looks forward to stay engaged with SK Healthy Start.
4. *Forum Assignments*
  - **List of invitees** -Public health Nurses local (Brandon); Public Health Nurse supervisor (Joanne) ; SKCDC and KVCAP ( Pam); Parents as Teachers (Brandon), Healthy Futures (Becky); CDS (Deb); School (Kate ?); others (everyone)
  - **Save the date card** to be revised and sent out to invitees directly from members. Please include yourself as contact for questions. Invitation will follow in 2 weeks.
  - **Flow** - 1st draft revised as follows

**8:00 Welcome, Introduction, Proposed Shared Outcome: CHILDREN ENTER SCHOOL LOVABLE, CAPABLE, HEALTHY AND SECURE**

**8:25 Healthy Communities Themes and Strengths Exercise to set stage**

**9:00 Professional Development Presentation by Mark linking the proposed shared outcome with our work on Resiliency and need to act as early as possible**

**9:45 Break**

**10:00 How do we engage difficult to reach families early? - Nancy**

**11:00 Creative Collaborations Mini grant (s) How can we spend our \$1000 to**

- further our efforts to help *CHILDREN ENTER SCHOOL LOVABLE, CAPABLE, HEALTHY AND SECURE?*
- **Idea generation**
- **Grant process clarification**

**12:15 Closure**