

RALA Program & Policy Assessment (PPA) Scoring Tool

Town: _____
Scorer Name: _____

Once you have completed the PPA for your town, you can use the scoring tool below to obtain a domain specific score (e.g. a score for your Town Programs or a score for your School Policies in your community) and also an overall score for your town’s physical activity-related programs and policies. These scores can be used to compare to other rural towns or to compare your town to itself over time.

To score the PPA, look at the “ASSIGNED POINTS” columns B and C. If you live in an area that experiences snow fall, please refer to Column B. If you live in an area without snow fall, please refer to column C. Once you have selected the column that applies to your town, simply assign the number of points that corresponds with each of the answers you gave for your town on the RALA PPA and fill in that number of points under column D, “MY TOWN’S POINTS” . Once you have filled in all of your points for each of the items, add up the points for each domain to get that domain’s “TOTAL SCORE” and also add up your “GRAND TOTAL” score at the very bottom of the matrix.

****Corresponding page and question numbers from the original RALA PPA are included in Column A for cross-reference****

#	Column A DOMAIN/ITEMS	Column B ASSIGNED POINTS <i>(if it snows in your town)</i>	Column C ASSIGNED POINTS <i>(if it does NOT snow in your town)</i>	Column D MY TOWN’S POINTS
1.	TOWN POLICIES			
Items	Town has policy requiring bikeways/pedestrian walkways in new public infrastructure projects. <i>(Pg1,Q1)</i> Town regularly clears snow from sidewalks <i>(if applicable)</i> <i>(Pg1,Q2)</i>	Yes (7 points) No (0 points) Yes (3 points) No (0 points)	Yes (10 points) No (0 points) n/a	+ _____ points + _____ points ----- = _____ (TOTAL SCORE: TOWN POLICIES)

2.	TOWN PROGRAMS	ASSIGNED POINTS	MY TOWN'S POINTS
Items	<p>Town has a public recreation department. (Pg1,Q3)</p> <p>Town has a private recreation organization (e.g. YMCA). (Pg2,Q4)</p> <p>Either public or private department/organization (or both) offers physical activity programming for <u>youth</u>. (Pg1,3a or Pg2,4a)</p> <p>Either public or private department/organization (or both) allows resources/facilities to be available for local resident use outside of programming. (Pg1,3e or Pg2,4f)</p> <p>Either public or private department/organization (or both) provides scholarships/sliding fee scale for lower income residents. (Pg1,3f or Pg2,4g)</p> <p>There are organized transportation options (either public or private) that help children get to/participate in physical activity opportunities. (Pg3, 5a or Pg4, 10)</p>	<p><i>Yes</i> (10 points) <i>No</i> (0 points)</p> <p><i>Yes</i> (4 points) <i>No</i> (0 points)</p> <p><i>Yes</i> (4 points) <i>No</i> (0 points)</p> <p><i>Yes</i> (4 points) <i>No</i> (0 points)</p> <p><i>Yes</i> (4 points) <i>No</i> (0 points)</p> <p><i>Yes</i> (4 points) <i>No</i> (0 points)</p>	<p>+ _____ points</p> <p>+ _____ points</p> <p>+ _____ points</p> <p>+ _____ points</p> <p>+ _____ points</p> <p>+ _____ points</p> <p>-----</p> <p>= _____ (TOTAL SCORE: TOWN PROGRAMS)</p>
3.	SCHOOL POLICIES	ASSIGNED POINTS	MY POINTS
Items	<p>Schools in the town allow public access to their recreation facilities after school hours (Pg4,Q9)</p> <p>Public schools offer a late-bus option for children that stay after school for sponsored activities (Pg4,Q10)</p>	<p><i>Yes</i> (15 points) <i>No</i> (0 points)</p> <p><i>Yes</i> (15 points) <i>No</i> (0 points)</p>	<p>+ _____ points</p> <p>+ _____ points</p> <p>-----</p> <p>= _____ (TOTAL SCORE: SCHOOL POLICIES)</p>

4.	SCHOOL PROGRAMS	ASSIGNED POINTS	MY POINTS
Items	<p>There are “Walk to School” programs or other programs that encourage children to walk or bike to school (Pg3,Q6)</p> <p>Schools are participating in other activities (excluding “Walk to School” programs) that are included in the National “Safe Routes to School” program. (Pg3,Q7)</p> <p>Schools offer other sponsored physical activity initiatives for students (do not include gym/phys-ed classes) (Pg3,Q8)</p>	<p><i>Yes</i> (15 points) <i>No</i> (0 points)</p> <p><i>Yes</i> (5 points) <i>No</i> (0 points)</p> <p><i>Yes</i> (10 points) <i>No</i> (0 points)</p>	<p>+ _____ points</p> <p>+ _____ points</p> <p>+ _____ points</p> <p>-----</p> <p>= _____ (TOTAL SCORE: SCHOOL PROGRAMS)</p>
			GRAND TOTAL = _____

For questions or comments on the RALA TWA Scoring Matrix, please contact David Hartley, Research Professor and Director, Maine Rural Health Research Center, University of Southern Maine: davidh@usm.maine.edu or (207) 780-4513

For additional rural active living resources and RALA tool components go to: <http://www.activelivingresearch.org/node/11947>