

# Capital Area Network of Elder and Disability Services

Tuesday, September 15, 2009 ~ 8:30 am to 10:00 am

DHHS

41 Anthony Avenue, Augusta

Conveners: Healthy Communities of the Capital Area (HCCA), Spectrum Generations, City of Augusta, United Way of Kennebec Valley

**Present:** Julie Adley, MaineGeneral Colorectal Screening Program; Marie Bronn, Chateau Cushnoc; Jean Dempster, Women Work and Community; Vicki Foster, Spectrum Generations; Pat Greenleaf, Spectrum Generations; Jenn Howe, Sexual Assault Crisis and Support Center; Patrick Korte & Dianna Wyman, National Able Network; Janet Sawyer, MaineGeneral Prevention Center; Karen Tucker, HCCA; Amy Wagner, HCCA; Ellen Willingham, National Able Network.

8:30-8:45	Welcome Introductions: Getting to Know Who is in the Room
8:45-9:15	Patrick Korte & Dianna Wyman, National Able Network a non-Profit that implements the Senior Community Service employment Program (CSEP) in Maine, an employment assistance service for low income adults age 55 and older..
9:15-9:45	Julie Adley, MaineGeneral Colorectal Screening Program from the Prevention Center at MaineGeneral, Julie will provide information on resources available and the importance of colonoscopy procedure
9:45-10:00	Other Business

Next Meeting: November 10, 2009

## MEETING NOTES

**Welcome/Introductions: Getting to Know Who is in the Room:** *Vicki Foster, Spectrum Generations*

Vicki welcomed people to the reconvening of the Capital Area Collaborative introduced the new name of our group, which was decided upon by a group of members who met over the summer: Capital Area Network of Elder and Disability Services.

Vicki asked that those present briefly introduce themselves and their organization to the group.

Events coming up:

Spectrum Generations recently received a 4<sup>th</sup> year of funding to continue offering two evidence-based programs including the Living Well chronic disease self-management program and A Matter of Balance falls prevention program. This will help fund regional center coordinating services through Spectrum Generations. Three other Area Agencies on Aging will be getting capacity building grants with the goal to establish regional coordinating centers.

**Patrick Korte & Dianna Wyman, National Ale Network a non-Profit that implements the Senior Community Service Employment Program (CSEP) in Maine, an employment assistance service for low income adults age 55 and older.**

A video highlighting the program was shown to the group.

Some of those highlights are:

- Places individuals leading towards unsubsidized employment.
- The local office provides services in Kennebec, Knox, and Waldo Counties
- The local office is in Augusta at the Spectrum Generations office. The State office is in Bangor
- Serve 400 a years state wide- 200 240 peopl in service at a time
- People on SSDI are counted as family of 1, so are pushed up the list sooner.
- Work with visually impaired, many others with disabilities. Work with VOC rehab

- Age eligible 55 and older
- Expectation for training sites: host agency must be non-profit, there is no expense to agency, workman's comp, salary, etc all handled by SECC. Placements are one year at most, after those unplaced participants are moved to another site. The training site is allowed to hire participants, and often do.
- Supervision- there are times when participants are allowed to be alone for short periods of time during the day, it depends on the responsibilities.
- How long wait time? - Turnaround time can be very short – has been one day.
- If you have a person eligible for the program and a site for them to work, that streamlines the process and is very easy to set up.
- Income level is federal poverty level. There are income exceptions regarding Combat Disability pay and other disabled veteran pay, please call the office for details.
- Intake takes 1-2 hours. The goal is to match abilities with tasks.
- Placement is decided between the employment "Training Site" and the candidate through an interview process. The employer has the ultimate choice, as does the individual.
- Predominate ages are between 60-65; oldest was 83.
- A "Living Well" class is starting in the Portland area, to help participants manage chronic health situations with the eye to enabling individuals to be more employable. The hope is to expand this across the state.

Aside: Amy Wagner (of HCCA) spoke highly of her experience with these individuals in the program. With Matter of Balance Program.

### **Julie Adley, MaineGeneral Colorectal Screening Program from the Prevention Center at MaineGeneral,**

Julie provided information on resources available and the importance of having a colonoscopy.

Highlights of the presentation:

- Colon cancer second leading killer in the country also wone of the most preventable if you get your screening.
- The initiative is focusing on those without health insurance or those underinsured
- The program is focused on supporting peer to peer outreach, encouraging those who have had screening and are willing to reach out to friends and family who have not yet had theirs.
- Request ideas from the group for groups/places to identify peers.
- Requested ideas for places to put up posters and information.
- This initiative is part of larger group – Maine Center for Disease Control, which received a grant to pay for colorectal screenings for uninsured men and women over 50 years of age for the next 5 years. Data will be tracked, looking to reach out and identify those eligible for the screenings. There will be more information on the specifics soon. Handed out some information.
- Looking for average risk people. The available funds cover the procedure, diagnostic piece, biopsies, reimbursed at Medicare rates. The funding does not go into the treatment of the cancer, but will find a way to take care of them.
- Serving statewide, Julie is in the central part of the state.
- Income guideline 200% of poverty.
- January to June 30<sup>th</sup> will concentrate on the underinsured after that funds will be reallocated as need be.
- People are referred by their physician in the central Maine region.
- Federally qualified health centers are going to be a part of this.
- 250 people is the goal in the first pilot period.
- Frequency of procedure depends on high risk.
- If individual is not going to a physician call Julie directly. She can get the person hooked up with a physician. Finding Peers to Peer can bring more people into the program.
- Will sent marketing materials to people upon request – help get the word out.

### **Adjorn:**

Joanne Joy of HCCA thanked everyone for coming; the meeting was adjourned at 10:05 a.m.

*Minutes submitted by: Karen Tucker, HCCA 10/21/09 ktucker@mcd.org*