

# Capital Area Collaborative

Tuesday, July 21, 2009 ~ 8:30 am to 10 am

Spectrum Generations. One Weston Court

Conveners: Healthy Communities of the Capital Area (HCCA), Spectrum Generations, City of Augusta, United Way of Kennebec Valley

**Present:** Mary Frances Bartlett, City of Augusta Health and Welfare; Marie Bronn, Chateau Cushnoc; Vicki Foster, Spectrum Generations; Brooke Jansen, Spectrum Generations; Joanne Joy, HCCA; Karen Tucker, HCCA;

## Meeting Agenda:

- History Overview
  - Conception
  - Purpose
  - Past activities
- Future Plans
  - Programming
  - Meeting schedule
  - Membership
  - Sub-committees

## History Overview: Joanne Joy, HCCA

Martha Cushing (Spectrum Generations) and she talked and decided to bring a group together that serves to update and share information on elderly issues. They talked to Mary Frances and Rob Gordon who decided to co-convene. The purpose was primarily for SG to have a forum to disseminate information. As an HMP, HCCA has a small part of work around disseminating information. It was decided that a group would be convened and gauge their interest in meeting regularly. The response was positive, with the group deciding to meeting every odd numbered month of the year on the second Tuesday. Martha took primary responsibility, others did brainstorming on topics. Martha left her position quickly without a solid transition plan in place, hence the need to regroup and strategize how to move forward. In the past the group has asked the participants what information they would like to have, and Martha has arranged for the speakers. Usually a guest representing a program or group serving elders and disabled populations and then a spotlight on one of the regular attendants and networking time rounded out the meetings.

## Future Plans: all present

The group had a lively discussion and came to the following conclusions

## Administrative:

- We will give regular meeting announcements
- Meeting Minutes with resources for those not in attendance – this is a valuable connecting tool
- Networking time as a group is key to provide information

- We will ask the group if they want to change the meeting frequency from every odd month to Quarterly.
- We will reconvene with a new Name: Capital Area Network of Elder and Disability Supports Services (CANEDS)
- Next meeting is September 15<sup>th</sup>
- Form a planning group – programming committee.- meet twice a year and e-mail in between work on planning and promoting meeting

A typical Agenda would provide:

- networking time
- first 10 to 15 minutes allow for expanded participant talk time to update group on their service's news so that all present know who does what and who to call for their service/resource
- Two presentations per meeting – each no more than 15 minutes.  
one of them being an agency or service overview from a regular member of the group  
The other being more “macro” in nature – a service/ program or resource.
- 10 minutes wrap up on upcoming issues for elders and disabled (H1N1, cardio health...)  
Need to appeal to people in our invitation, recognizing situation that there are many cutbacks in funding, putting pressure on remaining staff and lessening of availability of staff to attend

Suggestions for “Macro” subjects:

- Transitions program
- Disability Rights- Kim Edwards
- Medical director at the VA- wants to reach out the community
- Conrad works for state, connects vet with services needed
- National ABLE network
- John Kristy (MaryFrances suggestion)

#### **Announcements:**

Open house August 20<sup>th</sup> as Senior Companion Program at Cushnoc – person needs to write little piece for HCCA newsletter. August 20<sup>th</sup> 11-1 at Chateau Cushnoc 36 Townsend St Augusta FMI contact Tammy Eaton 623-1112 or [teaton@edoc.org](mailto:teaton@edoc.org) to welcome the senior companion program to their facility and the Capital Area.

582-1588- for senior housing for low-income seniors.